

*Welcome to the
Catholic Community
of Central Nottingham*

PARISH BULLETIN
10P

**St Barnabas
Cathedral**
Nottingham



**St Barnabas Cathedral is now open for
Private Prayer and Public Mass.
All advice given in this newsletter
will be reviewed on a weekly basis.**

*Twenty Seventh Week of Ordinary Time
Saturday 3rd October to Sunday 11th October 2020
Psalter Week III ~ Sundays - Year A ~ Weekdays - Cycle II*

The Cathedral Office is now open Monday to Friday from 10am to 2.30pm.

We are still following Government Guidelines and therefore to keep the Clergy and staff safe, only one person will be admitted into the Office at any time, this may mean that you could have to wait outside should you arrive when someone else is already being attended to.

Please wear a face covering, and hand sanitiser is available as you enter Cathedral House.

Outside of these hours, if you require urgent contact with Canon Malachy or Fr Mathew, please ring 0115 9539 839, then the relevant extension number.

ACT OF SPIRITUAL COMMUNION

*My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen. **As we cannot attend daily Mass, we can use this prayer to express our faith in Christ and His Presence in the Eucharist, and ask Him to unite Himself with us.***

Today: I believe it is necessary to develop a sense of deep gratitude for the blessings of the Lord. I should appreciate his blessings, and acknowledge both the privilege and the responsibility that come with those blessings. It would be wrong to envy the gifts of another, rather than appreciate my own gifts for I am part of "a chosen race, a royal priesthood, a people set apart." The Jewish religious leaders saw their position as one that was theirs by right, and something that could not be taken from them. Just as I have the gift of life, the time will come when I will have to relinquish that gift for another form of living. I own nothing. Everything I have is on loan. One heart attack, and it's all over. "Life is fragile, handle with prayer."

There was a family of three daughters. One of them was shy and bashful, and had absolutely no self-confidence. She tended to lurk in the background, and was not forthcoming in claiming her rightful place in the family. One day her dad surprised her by arriving home with a beautiful necklace for her. She looked at it in amazement, and she couldn't believe that anyone would bother to buy her such a beautiful gift. She placed it on the table, and ran into the kitchen to tell her mother about the gift she had received. She was so excited that it was minutes later when she emerged from the kitchen. To her horror, her younger sister was wearing the necklace. She looked at her dad, and he said, "I thought you didn't want it, so I gave it to her instead." The father wasn't too thoughtful, and the poor girl lost the gift because of her failure to claim it as something that had been given to her... **(MB)**

CAFOD Family Fast Day will take place on the 9th October. This year CAFOD is helping people facing the worst of the coronavirus crisis. As we have all felt the impact of this terrible disease, would you be able to help the poorest and most vulnerable people in the world survive, rebuild and heal. As we cannot have the usual donation envelopes in the Cathedral you can donate via cafod.org.uk/give or text CAFOD to 70085 to donate £10.00.

Mass Count ~ The third Mass Count will take place this weekend.

This week Masses at the Cathedral will be Celebrated at the following times:
All the Masses are being streamed and recorded via the Cathedral Streaming Service on the Cathedral website

Saturday 3rd October	10.00am	Feria or Mass of Our Lady	Doreen Head and Raymond Head
Vigil	6.30pm		Julie Whiley's Intentions
Sunday 4th October	8.00am	Twenty Seventh	The People
	10.00am	Sunday of Ordinary	Maria Dolan RIP
	6.00pm	Time	Edgar Hazleton
Monday 5th October	1.00pm	Feria or the Martyrs of Leicestershire	Rosina and Harold Morton
Tuesday 6th October	1.00pm	Feria or Saint Bruno	Thanksgiving (PN) Holy Souls
Wednesday 7th October	1.00pm	Our Lady of the Rosary	In Thanksgiving Private Intention
Thursday 8th October	1.00pm	Feria	John McMenamin
Friday 9th October	10.00am	Feria or Saints Denis and Companions, Saint John Leonardi or Saint John Henry Newman	Funeral Service ~ Dana Mason RIP
	1.00pm		In Thanksgiving Elizabeth McKeever ~ Maternity
Saturday 10th October	10.00am	Saint Paulinus of York and the Anglo Saxon Saints of the Diocese	Monsignor David Forde ~ 90th Birthday
Vigil	6.30pm		The People
Sunday 11th October	8.00am	Twenty Eighth Sunday of Ordinary	Alison Lokes' Intention
	10.00am	Time	Monsignor Kazimierz Krzyzonowski RIP (32nd Anniversary)
	6.00pm		James McRory and Mary Fitzsimons RIP

First Holy Communion The children from the RCIC received the Sacrament of First Holy Communion this weekend at the 10am Saturday morning Mass. Please remember Agata, Aisosa, Francesca, Jake, Jessica, Magdalena and Sophia in your prayers on the occasion of this joyful celebration.

11.15am Mass We are currently looking at the prospect of reinstating the 11.15am Mass. To begin with, this would be without music, but we are in the process of shortlisting for the new Director of Music, so hopefully it will not be too long before the choirs can return.

10am Mass From this weekend, Clare will be singing at the 10am Mass during the Offertory and Holy Communion only. At this time, the congregation is not permitted to join in with the singing.

Stella Maris Centenary Mass (formerly known as Apostleship of the Sea) is celebrating 100 years of its support to seafarers, fishermen, and their families. To mark the beginning of their centenary year they will be holding a live-streamed Mass celebrated by Archbishop Philip Tartaglia of Glasgow. You are most welcome to join them online to share in this very special celebration this Sunday at 3pm. The Mass will be streamed live at www.stellamaris.org.uk/centenarymass

Cathedral Flowers The harvest flowers on the sanctuary this weekend are in memory of Robert Kirk, whose anniversary is on the 3rd October.

Repository The Repository is now open every Friday from 10.30am to 3pm in the main hall. Please follow the guidance of Cheryl when in the hall so that we can keep everyone safe. Face coverings will need to be worn and please refrain from touching items

First Saturday Devotion will be led by The Legion of Mary in the Cathedral Hall on Saturday at 12noon.

Parish Finances Last Week

Loose Plate	£ 547.97	Thank you for your generosity to the work of the Church!
Envelopes	£ 609.86	
S/Orders	<u>£ 1,015.20</u>	<i>In your Will, please</i>
Total	£ 2,173.03	<i>remember your Church.</i>

INFORMATION REGARDING PUBLIC WORSHIP AT THE CATHEDRAL

Private prayer times are as follows: Saturdays - 9.30am until 11.30am with Mass at 10am. Monday to Friday - 12noon until 2pm with Mass at 1pm. There will be no private prayer on Sundays.

The Celebration of Mass: Please book weekend Masses using the Diocesan booking system available at: www.massbooking.uk - you need to create an account; once created you can book your place at Mass for weekend Masses. The Masses are bookable on a 7-day cycle. **If you are not online you will need to telephone the Cathedral Office on 0115 9539839 - Extension 7 - Please try and call between Monday to Friday between the hours of 10am and 3pm to book a place - this number is for Cathedral Parishioners only.** You will not be required to book a place for any weekday Mass, but you will be required to 'sign in' on arrival to meet the requirements for Track and Trace. Please bear with us during these challenging times, especially when booking seats for Mass through these new channels. Social distancing is still set at 2 metres, so please observe this as you arrive and leave the Cathedral and from this weekend you will be required to wear a face mask to protect yourself and others. If you are extremely clinically vulnerable, then please continue to protect yourself by staying at home and praying for the parish community or accessing the Mass on live streaming. The Sunday obligation continues to be suspended, so if you are unsure about coming along, do not feel under any obligation to do so; and if you, or someone in your household, displays symptoms of Covid19, then please do stay at home. When attending Mass, (Booking is only required for Weekend Masses); please be aware that you may be asked to wait outside until invited in to take a seat. Please arrive in plenty of time to allow for this managed arrival to take place and for the Celebration of Mass to begin on time. Stewards will assist upon arrival and upon leaving the Cathedral so that everyone is kept safe.

Please note: The maximum number of people allowed in the Cathedral for each Mass is 96 bookings. Only 2 are allowed in a pew or a 'bubble' from the same household. Please also note that there is no 11.15 Sunday Mass due to restrictions — there has to be sufficient time to clean the Cathedral between each Celebration of Mass.

Collections No collection will take place during Mass but there are collection points at the entrance and exit of the Cathedral. On-line donations are the preferred method of giving if it is at all possible and information to donate this way can be found on the last page of this newsletter. We are very grateful for your continued financial support, we really appreciate it during these uncertain times.

Distribution of Holy Communion: After 'Behold the Lamb of God I am not worthy.....' the Priest will elevate the Host and say 'the Body of Christ' to which the congregation should respond 'Amen' and then do the same with the Chalice 'The Blood of Christ' 'Amen'. The Priest receives Holy Communion, sanitises his hands and then purifies the vessels. He then pauses in silence, prays the Prayer after Communion and gives the Blessing and Dismissal. Immediately before distribution to the congregation, the Priest, Deacon or Minister sanitises their hands. The place of distribution is organised in such a way that social distance can be observed with a physical barrier. Holy Communion is distributed in silence as the Presence of the Lord has already been acknowledged. Holy Communion will be given in the hand only and with the communicant standing. Both Priest and communicant should extend their arms fully to allow for social distancing. The Host is placed into the hand from just above the palm, so as to avoid physical contact. The congregation will walk up, one at a time, guided by the stewards, observing the 2m social distancing at all times. After receiving Holy Communion, each communicant should leave the Cathedral, observing the 2m social distancing rule and without returning to their seats.

Exiting the Cathedral Please leave the Cathedral via either door keeping in mind to observe social distancing and please do not congregate outside the doors to avoid causing a backlog of people trying to vacate the Cathedral. Thank you.

Mass Intentions: If you would like to purchase a Mass Intention card we have a selection available from Cathedral House. **The suggested minimum donation for each Mass requested is £10.00.** Please pass your intention to the Cathedral Office.

Prayers Please pray for all the people of our parish. Many people are greatly in need of our prayers of support in this time of uncertainty, especially those who have no family to support them. We remember all those who are in hospital or are having treatment and those who are in nursing homes or being cared for at home. We also remember those who have died recently and those whose anniversaries occur around this time.

Baptism If you have already been on the preparation course and need to arrange a baptism, contact the Cathedral Office to schedule this in. There is now only a maximum of 6 people allowed to attend the ceremony and everyone will have to wear face coverings (except the baby being baptised). If you are looking to attend a Baptism Course, we are currently looking at dates to schedule in a preparation course and this information should be available in the next few weeks.

Becoming a Catholic We are looking ahead to this coming autumn's Journey of Faith Programme which will commence on Monday 12th October at 7pm in the Cathedral Hall. We invite any adult non-Catholic or non-Christian, or Catholic adult who has not received the Sacraments, or is interested knowing more about the Catholic Church and perhaps becoming a member, to contact a member of the Clergy or the Cathedral Office.

RCIC We are also looking ahead to the start of the new RCIC (Rite of Christian Initiation for Children). The course will also commence on Monday 12th October at 5pm in the Cathedral Hall. The RCIC is a program for children age 7 to 15 years who have not been baptised and is open to both parishioners and non-parishioners who wish to prepare for the Sacraments. Whether your family is just entering the church, is returning after time away, have decided as a family to delay the children's sacramental preparation, or any other circumstance, all are welcome. Please contact a member of the Clergy or the Cathedral Office for more information.

Weddings 2021 Any couples who are hoping to get married next year at the Cathedral, are required in the first instance to make an appointment with the Cathedral Dean. Diocesan Law requires a minimum of six months notice prior to the wedding. This enables all the necessary arrangements and preparations to be made. All couples without exception have to attend the Marriage Preparation Course.

Marriage Preparation Online courses only are currently available: **FOCCUS** – this is a bespoke, questionnaire-based exploration of your unique relationship, provided for individual couples over 2-6 one-hour sessions; just the two of you and a skilled facilitator using a secure video link (similar to Skype or FaceTime). This resource was developed by FOCCUS Inc., an apostolate of the Archdiocese of Omaha, and is suitable for couples planning to marry in the Catholic Church or **Preparing Together Online**: This is an interactive, skills-oriented, online group course delivered over 3 webinar style sessions; suitable for couples planning to marry in the Catholic Church. To book on a course please contact Marriage Care directly at marriagecare.org.uk or telephone 0800 389 3801.

Statement on Marriage (Revised) – 29th August 2020 by order of the Bishop, the following statement is to be published.

Marriage is a lifelong vocation of a man and a woman to a community of life and love open to children, and, between the baptized, it is a Sacrament. Aware of the many pressures today which can endanger family life, the Church is constantly concerned to make sure that those of you planning to marry are prepared as well as possible. We would like to remind those who wish to marry of the following:

1. It is important that a couple go to see their priest in good time before their wedding. Normally, at least six months notice should be given.
2. Marriage preparation is carried out by the Priest, often assisted by a group from the parish. Courses arranged on a Deanery basis are recommended.
3. Catholics are reminded of their obligation to preserve their faith and to do all they can within the unity of their partnership to have all their children baptized and brought up in the faith and practice of the Catholic Church.
4. Non-Catholic partners will be informed of this promise, but they are not asked to make this or any similar promise.
5. Dispensation for a marriage between a Catholic and a non-Catholic to take place in a non-Catholic Church can only be granted for a serious reason. Couples who wish to marry in a non-Catholic Church should discuss the matter with their priest in good time before their wedding day to see whether a dispensation could be granted.

All couples marrying these days need the support of the local Church. In this way they will be strengthened in their preparation for marriage, in celebrating their marriage, and in living out their covenant with one another.

We wish to thank all those married people who show such constancy and fidelity to their vocation of marriage. May their example inspire those planning to marry in the Church.

Weekday Stewards We are currently looking to recruit more stewards to help in the Cathedral, especially during the week. We need four stewards for each day otherwise we would not be able to open the Cathedral safely for all who are attending Mass and Private Prayer. For weekday stewarding you will be required to be in the Cathedral from 11.45am to 2.15pm to cover Private Prayer and the 1pm Mass, you will guide parishioners so that social distancing can be maintained at all times. Unfortunately we have to adhere to Government policies, so there will be some paperwork involved before you start volunteering but we can help you with this if need be.

We are very grateful for all the stewards who are already helping but it would be good to also have some more people who can be flexible to cover days when we are short.

Living like the Saints The Christian Heritage Centre are holding events from now until December on 'Saints, Scholars and Spiritual Masters'. The next event is 'Newman, Belief and Reality: Finding God in the World' with Dr Giuseppe Pezzini, and this takes place on the 8th October. For more details and to register for a link please email events@christianheritagecentre.com

Nottingham Diocese Justice and Peace and Caritas Join us through October to 'heal the world' Friday mornings and Monday evenings from 2nd October Meet fellow Catholics, reinvigorate your faith, and pray with us for a wounded world.

"We will explore together how our Catholic social tradition can help the human family heal this world that suffers from serious illnesses. It is my desire that everyone reflect and work together, as followers of Jesus who heals, to construct a better world, full of hope for future generations" –

Pope Francis, Angelus, 5 August 2020

Pope Francis memorably described the Church as a field hospital: he urged us to heal wounds, warm hearts and reach out to a wounded world. Now more than ever, Jesus calls us to give a healing touch. But how? What does it mean for you, for all of us, to live the Gospel right now? Recently Pope Francis gave a series of audiences on healing the world. They are a masterclass in compassionate discipleship – simple, timely and rich in wisdom. He's also about to release a new encyclical, *Fratelli Tutti*, on a similar theme. You are warmly invited to this exploration of faith, prayer and action, based on his talks. You don't have to attend them all – come to whichever you can manage. You can join by Zoom or by telephone. We will meet twice a week in October, Mondays at 5.30pm and Fridays at 9.30am. We will pray Morning or Evening Prayer together, and have time to reflect in small groups on Pope Francis' message. As well as renewing your own faith, you will also help to build Caritas, a new diocesan network for mission and outreach. For more information or to book visit the diocesan website: <https://www.dioceseofnottingham.uk/healtheworld>

CAFOD ~ COVID-19 pandemic and the global response of the Catholic Family ~ Tuesday 6th October from 4pm - 5pm As the world looks at ways to recover and rebuild from the coronavirus pandemic, we must ensure that the recovery tackles poverty, inequality, environmental degradation and the climate emergency. Fr Anthony Chantry, Director of Missio and Geoff O'Donoghue, Senior International Programme Leader at CAFOD will take you through an inspirational journey of hope to discover how the global Church has responded with the communities in the south to the threat of the pandemic, and how we can stand together as one family to help people around the world rebuild their lives. To register, please visit Cafod.org.uk

Missio Box The Missio Boxes have now been emptied and a cheque in the sum of £172.90 has been sent to Mill Hill Missionaries. Thank you to all the red box holders for your donations.

Donations There has been an overwhelming response for donations to Emmanuel House and the Foodbanks. Thank you to all those who have donated items over the last couple of weeks, it is very much appreciated, especially at this time when a lot of people are struggling.

Gifts for Emmanuel House and the Mount Zion Food Bank Now that we are once again able to come together for Mass, we invite you to bring your gifts for the homeless and people in need to the Cathedral, and leave them at Cathedral House.

Emmanuel House is asking for clean underwear, for both men and women, new or in good condition; and jeans, jeggins and leggings. They are working with a skeleton staff, and don't have the space or people to deal with any other donations at present. Emmanuel House is re-opening step by step, to keep staff and service users safe.

Mount Zion Food Bank needs tinned meat, fish, vegetables and fruit, long life milk, cooking oil, tea and coffee. They are taking care of 30+ families each week. Many have 'no recourse to public funds' and may not have access to cooking facilities, so food that can be eaten without cooking or just heated up quickly is very useful. **Thank you very much for your generosity!!**

OFFERTORY & SPECIAL COLLECTIONS DURING THE CORONAVIRUS CRISIS

We would like to once again thank all of you who have continued to contribute financially in support of the Cathedral. It has been very much appreciated. As you are aware, the Cathedral Parish always needs your continued support and especially at this time. Coronavirus has raised some very particular financial challenges for us. Not only do we have no plate and envelope collection but we cannot hire out our parish rooms either. We must, however, continue to pay for essentials such as our priests' living expenses, the upkeep of our buildings and other ongoing costs. Even though we now are able to celebrate Public Mass again, the donations kindly received from those attending Mass is still considerably down.

Of course, we realise that the current emergency is affecting many people's income and they may not be able to continue their level of giving. If this is the case, we fully understand, and our prayers are with you. If you currently pay by standing order, this will continue as usual unless you tell your bank to vary it.

If you usually give by envelope or loose plate, you can now donate via online or telephone banking. You can make individual donations whenever you wish, or you can set up a regular donation by Standing Order on a weekly or monthly basis.

If you have not received your envelopes, please contact the Cathedral Office.

For the purposes of setting up a regular donation via your online banking the parish bank details are as follows:

St Barnabas Cathedral:

*Bank: Lloyds Bank
Account Name: St Barnabas Cathedral Nottingham RCP
Account Number: 01647189
Sort code: 30 96 18*

Please put your name (e.g. D SMITH) in the payment reference so we know the donation is from you. This is particularly important if we have a signed gift aid declaration from you. If you normally use numbered Planned Giving envelopes you should quote your envelope number as the payment reference (so: D SMITH, the holder of envelope 19, would quote D SMITH ENV 19).

If you would like to donate by standing order, but you do not have access to the internet or do not bank online, please email: stbarnabasnottingham@gmail.com - or directly to the Gift Aid Office: parish.giftaid@dioceseofnottingham.uk. We can then organise emailing the necessary standing order paperwork to you.

If you are a UK taxpayer you also have the option of adding Gift Aid to your donation, whereby the UK government adds a further 25% to your contribution. Anyone wishing to set up a new Gift Aid arrangement should contact the parish office via email: stbarnabasnottingham@gmail.com or email: parish.giftaid@dioceseofnottingham.uk

Now, more than ever our parish relies on your donations to stay open and provide care and support to everyone in our community, so please consider giving generously to support our mission and ministry. Thank you for your support.

Legacies Most of the running costs of your Parish and of the Diocese and of the national Bishops' Conference costs are covered by the regular collections which are taken at the weekend Masses. However, there are from time to time substantial one-off costs. For example, the boiler in the Church may suddenly and unexpectedly need replacing. A building might need substantial roof repair. Facilities for the disabled may need to be provided, and there is the ever present need to bring our buildings up to date with health and safety legislation. Until such time as these funds are needed by the Parish, they are deposited centrally and are invested. If you would be kind enough to consider a legacy to the Church in your Will, it is a tax advantage as a Charity, please see below for further information.

Grapevine: The essential bulletin for missionary disciples. Whilst we can't all meet we are still the Church. **Please see more information on the Diocesan website.**

Nottingham Roman Catholic Diocese Trustees
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