

*Welcome to the
Catholic Community
of Central Nottingham*

PARISH BULLETIN
10P

**St Barnabas
Cathedral**
Nottingham



**St Barnabas Cathedral is open daily for
Private Prayer and Public Mass.
All advice given in this newsletter
will be reviewed on a weekly basis.**

Sixteenth Week of Ordinary Time
Saturday 17th July 2021 to Sunday 25th July 2021
Psalter Week IV ~ Sundays - Year B ~ Weekdays - Cycle I

The Celebration of Mass: The Sunday obligation continues to be suspended, so if you are unsure about coming along, do not feel under any obligation to do so; and if you, or someone in your household, displays symptoms of Covid19, then please do stay at home.

**The Cathedral Office is now open if you wish to book a Mass Intention.
To contact Canon Malachy, Fr Mathew or the Cathedral Office, please telephone
0115 9539 839 and press the relevant extension number.**

Weekday Masses In addition to the 1pm Mass, Masses this week will be celebrated on Monday, Tuesday and Thursday at 6.15pm and on Tuesday, Wednesday and Thursday at 7.30am, in the Lady Chapel.

Sunday Morning Tea & Coffee Tea and Filter coffees will be served after the 8am, 10am & 11:15am Masses in the Cathedral Hall or weather permitting, in the Cathedral Garden. All welcome.

Cathedral Repository Opening times are now as follows Fridays 10.30am - 2.30pm & Sundays 9am - 1.30pm. Please feel free to browse. Comprehensive catalogues available to view for any special orders.

The Sacrament of Reconciliation Confessions are available this Saturday following the 10am Mass and at 5.30pm before the Vigil Mass. They will also will be heard during the week from 12noon. Confessions will be heard in the Confessional Box, but during the week, please come to Cathedral House first, so that we are aware you are waiting to receive this Holy Sacrament.

Prayers For Vocations Saturday morning in the Cathedral Blessed Sacrament Chapel at 9.15am starting on the 24th July. All welcome.

Opening Back Up Again As we start to see life returning to some kind of normality from this Monday, we will slowly see this reflected in our parish life. From the weekend of the 24th/25th July, we hope to have paper copies of the newsletter once again available in the Cathedral, and also the return of the Mass Sheets. Some aspects of the restrictions may continue to remain for a few months, so we may still need to maintain the practices of face coverings and hand sanitising, especially as the Delta Variant is keeping infections very high in the City of Nottingham and countrywide at this moment in time. Hopefully towards the end of the week, we will have received further confirmation from the Bishop's Conference as to what other measures we can start to implement. Please remember we do have a legal obligation under Health and Safety Laws to do all we can to protect those in our premises, as well as a duty of care to parishioners through the workings of the Cathedral.

Today: Three priests were having a very intellectual debate on prayer. They discussed the merits of different poses, or bodily postures during prayer. One strongly advocated praying on one's knees, because that signified humility, reverence, and the proper attitude of the creature before the Creator. A second argued strongly for the lotus position, legs crossed, back upright, hands opened out on the lap. This suggested availability, and a willingness to listen to the Lord. The third was equally convinced that the correct position in prayer was to pray as Jesus did, when he cast his eyes up to heaven.

There was a electrician working nearby, and he could not help over-hearing this profound debate. He was hesitant, but he decided to speak up, and to make a contribution. "Far be it from me to enter into a debate about prayer with 'men of the cloth'. However, I just want to tell you what my own experience has been. I never thought much about right or wrong postures at prayer. Then, one day, I found myself hanging by one leg from an electric pole, in the middle of a thunder-storm, after the ladder had slipped. I cried out to God in that position, and, do you know something, he heard me!"

We get Jesus's attention, and we impress him through our powerlessness, and our brokenness (MB)

Please visit our Facebook page "St Barnabas Cathedral" or
Twitter: @Cathedral_Nottm or Cathedral Nottingham

**This week Masses at the Cathedral will be Celebrated at the following times:
All the Masses on main Altar are being streamed and recorded via the Cathedral
Streaming Service on the Cathedral website: stbarnabascathedral.org.uk**

Saturday 17th July	10.00am	Feria or Saturday of the Blessed Virgin Mary	Linda and Ronnie Porro ~ <i>(Wedding Anniversary)</i>
Vigil	6.30pm		Douglas Shackley
Sunday 18th July	8.00am	Sixteenth Week of The Year	People of the Parish
	10.00am		Anto Grebenar RIP
	11.15am		Edward Agbulos and Delfina Belzunce
	1.00pm		<i>Baptism ~ Alfred Baker</i>
	6.00pm		Nuala Cooke RIP
Monday 19th July	1.00pm	Feria	Maureen 'Maura' Myles RIP
	5.00pm		<i>Baptism ~ Evelyn Grace Jahina</i>
	6.15pm		Mathew Michael RIP
Tuesday 20th July	7.30am	Feria or	Gary Judd's Intentions
	1.00pm	Saint Apollinaris	Maddalena Stagnitto RIP
	6.15pm		Armelle Clemente
Wednesday 21st July	7.30am	Feria or	Private Intention
	1.00pm	Saint Lawrence of Brindisi	Julie and Chris Roberts ~ <i>(30th Wedding Anniversary)</i>
Thursday 22nd July	7.30am	Feast of	Holy Souls
	1.00pm	Saint Mary Magdalene	Maria H ~ Thanksgiving
	6.15pm		Alojz Blount's Intentions
Friday 23rd July	1.00pm	Feast of	Ellen Anastasi RIP
		Saint Bridget of Sweden	Martin Molloy RIP
	2.30pm		<i>Wedding ~</i> <i>Melissa Barnes & Jim McDowell Massar</i>
Saturday 24th July	10.00am	Feria or Saint Sharbel	Rose Lowe RIP
	2.30pm	Makhluf or Mass of BVM	Mass in Malankara Rite
Vigil	6.30pm		Mr Rowbotham RIP
Sunday 25th July	8.00am	Seventeenth Sunday	Joseph Grebenar RIP
	10.00am	of The Year	Thomas Myall RIP ~ Birthday
	11.15am		The People
	6.00pm		Patricia Longson RIP

Holiday Time This upcoming holiday season is probably quite different to what many of us would usually have planned for the summer! Fr Mathew, Fr Ferdinand and Canon Malachy would like to wish you all a happy, enjoyable, and especially a safe time, whether you are staying home or venturing further afield. We also wish the staff and pupils of our schools and universities a pleasant and refreshing summer break.

Summer Gala Concert – Cathedral Choir Thank you to our Music Director Gregory, and all the Cathedral Choir for the fantastic concert last Saturday evening in the Cathedral garden. The live music was made all the more special by the good weather. It was a wonderful occasion and enjoyed by all those who attended.

Pearl Wedding Anniversary We extend our warmest congratulations to Christopher and Julie Roberts, as they celebrate thirty years of marriage - a wonderful milestone on their marriage journey. We ask the Lord, that as he blessed the love of their youth, that he may continue to bless their life together with the gifts of peace and joy. Congratulations and well done.

Wedding Please remember in your prayers Melissa Barnes and Jim McDowell Massar who are to be married on Friday. May their lives together be blessed with happiness and peace.

Parish Finances Last Week

Thank you for your generosity to the work of the Church!
In your Will, please remember your Church.

Loose Plate	£	860.54
Envelopes	£	454.91
S/Orders	£	1,015.20
Total	£	2,330.65

Pugin Paint Investigations Recently a specialist team have undertaken some investigations on the paintwork in the Lady Chapel. This is to see if we can discover the nature/design of Pugin's original scheme. Without knowing this, we would not have a project that would interest the National Lottery Heritage Fund, to look at securing us another grant. We are very excited to report, that by strategically removing paint layers, underlying decorative schemes by Pugin have been found, which will hopefully further our understanding of the history of the Cathedral's decoration. The future aim is to hopefully recreate the Pugin decoration in the three eastern chapels and possibly the ambulatory, so that all who visit the Cathedral now, and in the future, can enjoy it's heritage.

Parish Census A Census Form is available to download on our website and hopefully a paper version will be available in the next few weeks. It became apparent during March 2020, that our Parish Register is very out of date, which made it impossible for us to contact many people during the lockdowns to make sure that they were okay, or to just have a chat. As we head towards the possibility of freedom, it would also be helpful to know of anyone who is now housebound etc., and who would like to have the Blessed Sacrament brought to them, whether in their own home, or in a Nursing Home. Please contact the Cathedral Office with the details, so that arrangements can be made once we are permitted.

Date for your Diary ~ The St Barnabas Garden Party will take place on Sunday 15th August, The Feast of the Assumption of the Blessed Virgin Mary, following the 11.15am Mass. Further details will follow over the next few weeks.

Friday Lunches and Fundraising We are hoping to recommence the Friday Lunches on the First Friday in September, with a few stalls selling good quality second hand items. Depending on what restrictions may still be in place, this will, for the time being, be a scaled down version of the former First Friday Lunches. We are still very happy to receive good quality items, in clean condition only, which include belts, handbags, shoes, jewellery, towels, curtains, duvet covers and sheets. Please note we cannot accept pillows, cushions or duvets. Please mark items for the attention of Julie and bring them to Cathedral House.

Helpers Wanted If you feel that you have some time to spare to help around the Cathedral, from readers, odd jobs, cleaning, helping with refreshments, or on the second hand stalls on First Friday etc., we would love to hear from you. Please contact the Cathedral Office in the first instance.

Journey of Faith We are now looking ahead to this coming autumn's Journey of Faith Programme and invite any adult non-Catholic or non-Christian, or Catholic adult who has not received the Sacraments, or is interested knowing more about the Catholic Church and perhaps becoming a member, to contact the Cathedral Office.

RCIC We are also looking ahead to the start of the RCIC (Rite of Christian Initiation for Children). The RCIC is a program for children age 7 to 15 years who have not been baptised and is open to both parishioners and non-parishioners who wish to prepare for the Sacraments. Whether your family is just entering the church, is returning after time away, have decided as a family to delay the children's sacramental preparation, or any other circumstance, all are welcome. Please contact the Cathedral Office for more information.

The Holy Father's Day for Grandparents and the Elderly – 25th July 2021 At the end of January, the Holy Father announced a 'World Day for Grandparents and the Elderly' to be held annually on the Fourth Sunday in July (25th July 2021). The announcement formed part of Pope Francis' Angelus address on 31st January, a copy of which can be found at: http://www.vatican.va/content/francesco/en/angelus/2021/documents/papafrancesco_angelus_20210131.html

Faith & Reason A Catholic Integration is a residential summer course exploring the relationship of faith with philosophy, science and culture. Particularly helpful for catechists and teachers fielding commonly-asked questions around Catholicism, as well as anyone wishing to deepen their understanding of the Catholic Faith. The summer course will run from 5th – 8th August. For more information and to register please follow the link: <https://christianheritagecentre.com/events/faith-and-reason/>

Friends in Caritas Do you feel a call to care for the world around you? Would you like to team up with others in your parish and diocese? Shall we help each other explore where God is calling us next? If you're saying 'Yes!', become a **Friend in Caritas**. Your mission is the Church's mission. Together let's change the world. **Friends in Caritas** are folk from around our Diocese who want to grow in their practical witness to the Gospel, and find mutual support. As Caritas Friends we will help each other: Nourish our faith and the unique vocation God has given each of us. Be inspired by others, and in turn encourage them. Build a network of fellow Catholics inspired by God's kingdom. Learn from Catholic social teaching – by putting it into practice. Become part of Caritas, the worldwide humanitarian network. To find out more and join, visit the Diocese of Nottingham website: [dioceseofnottingham](http://dioceseofnottingham.com)

PACT – Helpline Volunteer Role Pact is a Catholic charity and their Prisoners' Families Helpline are currently seeking to recruit more helpline volunteers. The role is being offered nationally and can be carried out remotely. For more details or to apply please make contact with David Bruccoleri – Programme Manager (Helpline and Befriending), Pact mobile: 07704 550 680 or email: David.bruccoleri@prisonadvice.org.uk

OFFERTORY & SPECIAL COLLECTIONS DURING THE CORONAVIRUS CRISIS

We would like to once again thank all of you who have continued to contribute financially in support of the Cathedral. It has been very much appreciated. As you are aware, the Cathedral Parish always needs your continued support and especially at this time. If you usually give by envelope or loose plate, you can now donate via online or telephone banking or via our Donation Station at the back of the Cathedral. You can make individual donations whenever you wish, or you can set up a regular donation by Standing Order on a weekly or monthly basis. For the purposes of setting up a regular donation via your online banking the parish bank details are as follows:

St Barnabas Cathedral:

Bank: Lloyds Bank
Account Name: St Barnabas Cathedral Nottingham RCP
Account Number: 01647189
Sort code: 30 96 18

If you are a UK taxpayer you also have the option of adding Gift Aid to your donation, whereby the UK government adds a further 25% to your contribution. Gift Aid can be taken out at any time of the year. Thank you to everyone registered as it is a valuable source of income to the Cathedral at no extra cost to the parishioners. Anyone currently registered, who changes their address, please would you ensure that you amend your address with us so we can continue to claim Gift Aid on your behalf. Anyone wishing to set up a new Gift Aid arrangement should contact the parish office via email: stbarnabasnottingham@gmail.com or email: parish.giftaid@dioceseofnottingham.uk. Now, more than ever our parish relies on your donations to stay open and provide care and support to everyone in our community, so please consider giving generously to support our mission and ministry. Thank you for your support.

Mass Intentions: Mass Intention cards are available from Cathedral House. **The minimum donation for each Mass requested is £10.00.** Please contact the Cathedral Office to book.

Online Discussion: Post Lockdown Parish Evangelisation and Catechesis Bishop Patrick's vision for our Diocese is that our parishes will be places of Encounter with the love of God in the Sacraments and the Community, places where we can grow as disciples of Jesus, and places where we can be filled with the Holy Spirit and be sent out as Missionary Disciples. The lockdown has really stifled opportunities to make this a reality in our parish, so as we begin to leave lockdown, come hear and share ideas how our parishes can live this vision through evangelisation and catechesis. We will host an online meeting on **Wednesday 21st July at 7pm** to hear from parishes across the Diocese about what they hope to do to reach more people, and grow in faith as lockdown comes to an end. We will also look at some resources that we have put together as a department to help parishes with this. Sign up here: www.dioceseofnottingham.uk

EXAUDI is a new international Catholic News Agency which has recently launched. Its aim is the evangelisation of the world, offering rigorous information about the life and activities of the Pope and the Church. Through its information, opinion and analysis it attempts to shed light on current topics, and on the different realities that affect our life in the world. It currently exists in 3 languages: English, Spanish and Italian.

Catholic News in English can be found at <https://www.exaudi.org>. You can also subscribe to a daily or weekly newsletter using this link: <https://www.exaudi.org/subscribe/> for which a donation is encouraged <https://giving.exaudi.org/?lang=en>

The Christian Heritage Centre Charity, based in Lancashire, primarily offers Catholic formation by way of retreats and talks and short courses. This summer they are running a short course for catechists and teachers fielding questions around Catholicism.

Faith & Reason: A Catholic Integration: Residential summer course exploring the relationship of faith with philosophy, science and culture. Particularly helpful for catechists and teachers fielding commonly-asked questions around Catholicism, as well as anyone wishing to deepen their understanding of the Catholic Faith. The summer course will Run from 5th – 8th August. For more info and to register please follow the link: <https://christianheritagecentre.com/events/faith-and-reason/>

Society of Saint Gregory's Summer School of Liturgy and Music will take place this year from 4th - 6th August, via Zoom. This year's theme is: **'The God Who Speaks: Celebrating, living and sharing God's Word.'** Speakers include: Sr Margaret Atkins, Fleur Dorrell, Bob Hurd, Nicholas King SJ, David McLoughlin, Dan Schutte and Dr Gemma Simmonds CJ - who will explore all the different ways that God speaks to us. Bishop Peter Brignall, the initiator of 'The God Who Speaks', will introduce the two days of prayer, contemplation, discussion and debate – and there will be liturgies with music. Further details, and online booking, are available at <https://www.ssg.org.uk/summer-school-2021/> or by emailing bookings@ssg.org.uk

YouCan – Retreat for Catholic Families at Alton Castle – 24th-25th September - The Young Catholic Adult Network, YOUCAN, is a grouping of young Catholic adults aged between 18 to 35 living in the UK, together with organisations that work with them. It aims to bring all young Catholics together. For more information on YouCan or to book on the retreat at Alton Castle in September please follow the link to their website: <https://youngcatholicadultnetwork.uk>